

Chocolate Milkshake

Ingredients:

- 200ml Semi Skimmed Milk
- 1 level tablespoon Drinking Chocolate
- 1 tablespoon low fat Ice Cream
- Whipped Cream to decorate

Equipment:

- Glass
- Small Bowl
- Tablespoon
- Jug
- Blender



Method:

1. Collect equipment
2. Measure the milk
3. Put the drinking chocolate into the small bowl and blend together with two tablespoons of milk, until smooth
4. Pour the rest of the milk into the bowl, then into the blender, with the ice cream
5. Blend until frothy
6. Pour into the glass
7. Decorate with cream